



**2020 STETTLER FEMALE STORM  
KICK OFF & SUPER SKILLS WEEKEND  
SCHEDULE OF EVENTS**



TIME	Atom	Pee Wee	Bantam/Midget	TIME	
<b>Day 1 - Friday, September 11, 2020</b>					
6:15	ON ICE SKILL SESSION #1 Power Skating - Val Norrie 6:15 PM - 7:15 PM Blue Arena			6:15	
6:30				6:30	
6:45				6:45	
7:00				7:00	
7:15				7:15	
7:30				7:30	
7:45			ON ICE SKILL SESSION #1 Power Skating - Val Norrie 7:30 PM - 8:30 PM Blue Arena		7:45
8:00					8:00
8:15					8:15
8:30				8:30	
8:45			8:45		
9:00			9:00		
9:15			9:15		
9:30			9:30		
9:45			9:45		
10:00			10:00		
<b>Day 2 - Saturday, September 12, 2020</b>					
7:45				7:45	
8:00	REGISTRATION 8:00 AM - 8:30 AM			8:00	
8:15				8:15	
8:30		Registration 8:30 AM - 9:00 AM		8:30	
8:45				8:45	
9:00	ON ICE SKILL SESSION #2 Power Skating - Val Norrie 9:00 AM - 10:00 AM Blue Arena	OUTDOOR GAMES	Registration 8:45 AM - 9:15 AM	9:00	
9:15			OFF-ICE TRAINING C.J Oprea	9:15	
9:30			9:00 AM - 9:45 AM	9:30	
9:45			9:15 AM - 10:15 AM Outside	9:45	
10:00			10:00	10:00	
10:15		ON ICE SKILL SESSION #2 Power Skating - Val Norrie 10:15 AM - 11:15 AM Blue Arena	OUTDOOR GAMES	10:15	
10:30	OFF-ICE TRAINING C.J Oprea		10:15 AM - 11:00 AM	10:30	
10:45	10:30 AM - 11:30 AM Outside			10:45	
11:00			11:00	11:00	
11:15				11:15	
11:30		OFF-ICE TRAINING C.J Oprea	ON ICE SKILL SESSION #2 Power Skating - Val Norrie	11:30	
11:45		11:45 AM - 12:45 PM Outside	11:30 AM - 12:30 PM Blue Arena	11:45	
12:00	Lunch 11:45 AM - 12:45 PM			12:00	
12:15				12:15	
12:30				12:30	
12:45	OUTDOOR GAMES		Lunch/Break 12:45 PM - 2:45 PM	12:45	
1:00		Lunch 12:45 PM - 1:45 PM		1:00	
1:15				1:15	
1:30				1:30	
1:45		YOGA/STRETCHING C.J Oprea		1:45	
2:00		1:45 PM - 2:45 PM Studio		2:00	
2:15	ON ICE SKILL SESSION #3 2:15 PM - 3:15 PM Blue Arena			2:15	
2:30				2:30	
2:45				2:45	
3:00			YOGA/STRETCHING C.J Oprea	3:00	
3:15			3:00 PM - 4:00 PM Studio	3:15	
3:30		ON ICE SKILL SESSION #3		3:30	
3:45				3:45	
4:00	YOGA/STRETCHING C.J Oprea	3:30 PM - 4:30 PM Blue Arena		4:00	
4:15	4:00 PM - 5:00 PM Studio			4:15	
4:30				4:30	
4:45			ON ICE SKILL SESSION #3	4:45	
5:00			4:45 PM - 5:45 PM Blue Arena	5:00	
5:15				5:15	
5:30				5:30	
5:45				5:45	
<b>Day 3 - Sunday, September 13, 2020</b>					
7:00				7:00	
7:15				7:15	
7:30				7:30	
7:45				7:45	
8:00				8:00	
8:15				8:15	
8:30				8:30	
8:45				8:45	
9:00	ON ICE SKILL SESSION #4 9:00 AM - 10:00 AM Blue Arena			9:00	
9:15				9:15	
9:30				9:30	
9:45				9:45	
10:00				10:00	
10:15		ON ICE SKILL SESSION #4 10:15 AM - 11:15 AM Blue Arena		10:15	
10:30				10:30	
10:45				10:45	
11:00				11:00	
11:15				11:15	
11:30			ON ICE SKILL SESSION #4	11:30	
11:45			11:30 AM - 12:30 PM Blue Arena	11:45	
12:00				12:00	
12:15				12:15	
12:30				12:30	